

## Where are the Progression Regimes?

There are 4 Progression Regimes in operation across the country:



HMP Humber in the North East, HMP Buckley Hall in the North West, HMP Warren Hill in the South East and HMP Erlestoke in the South West.

In order to be able to maintain community and family ties, you will be referred to the site closest to your home location where possible.

*“...it has allowed myself and others to achieve far more than we could have done in other establishments....it has culminated in me moving on to open” - former resident of the Progression Regime*

## How do I join a Progression Regime?

There is a central system that identifies prisoners who may be suitable for a Progression Regime.

This will help us and you to make sure that you get a chance to think about whether a Progression Regime is the right thing for you.

Speak to your **Prison Offender Manager** to find out more.



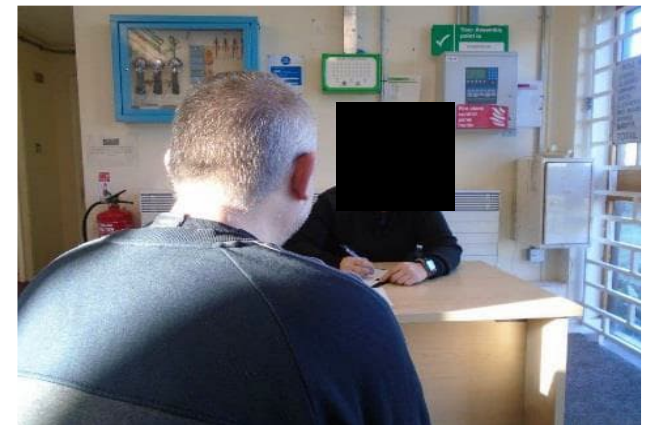
HM Prison &  
Probation Service

## Progression Regimes

### What is a Progression Regime?

Progression Regimes are for indeterminate sentence prisoners (ISPs) – IPPs and lifers. **In exceptional circumstances some sites accept those serving extended determinate sentences, who are having trouble progressing towards release.**

The aim is to provide people with a chance to **build evidence** to show the Parole Board that they are ready.



It introduces day-to-day tasks and **freedoms** that enable **personal responsibility**. The person will be **supported** by psychologists and key workers.

## Am I eligible?

To be eligible you must meet one of the following requirements:

- excluded from open conditions due to a history of abscond;
- recalled; or
- ISPs within at least 4 years of tariff expiry.

*“The Progression Regime here at Warren Hill offers above all else hope to those that that feel lost in the repetitive cycle of the ISP & IPP sentence” – Governor Walsh, HMP Warren Hill*

You must also:

- display willingness to engage in a regime that requires increased personal responsibility;
- display willingness to actively confront offending related behaviours and take action which will assist in your rehabilitation;
- have a recent record of good behaviour; and
- be unlikely to pose a significant security risk, either to staff or other residents.

## Why should I join?

If you are struggling to progress towards release, and want to take a further positive step in your rehabilitation, or open conditions haven't worked for you, this is a valuable opportunity to show you can self-motivate and take on more responsibility for your journey.



The rate of release has been higher for prisoners who have positively engaged with a Progression Regime, in comparison to other prisons.

*61% of prisoners who have had a parole review since being on the Regime have been released*

## How does it work?

The Progression Regime has 3 stages which provide opportunities for you to show you are committed to the community spirit of the regime, and that you are positively engaging with your personal development. With each stage you can earn more freedoms, privileges and ultimately opportunities to demonstrate suitability for release.

### *Enhanced Behavioural Monitoring (EBM)*

Using EBM, you will meet with staff on a monthly basis to work on understanding your risks, your behaviours, and how to tackle them. You can use this as evidence to show the Parole Board that your risk has been reduced or can be managed.

### *A supportive approach*

Your prison offender manager (POM) and a dedicated and specially trained key worker will support you throughout your time in a Progression Regime.

## Will I get Release on Temporary Licence? (ROTL)?

You are not eligible for ROTL as part of a Progression Regime, however you do have the opportunity to earn enhanced privileges such as increased freedom around the site. This aims to provide a similar experience to ROTL, including extended and unsupervised family visits.