



HM Prison &  
Probation Service

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# HMP WARREN HILL TC

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## Information and referral pack



HM Prison &  
Probation Service

*Considering applying to*

# HMP Warren Hill

## THERAPEUTIC

## COMMUNITY

*“...the community to help you”*

*-Warren Hill TC Community Member*



## What is our Therapeutic Community?

It's a place where you can come to help yourself and make changes to what has gone wrong for you. It's a place where community members and staff work together in groups (small groups and as a whole community), with the aim of resolving personal and community problems. Community members are



accountable for their actions, attitudes and behaviours, all of which have a meaning for them. You would be encouraged to explore these things in a safe environment with the aim of developing yourself and reducing your



risks.

## What is therapy?

Therapy is done with you and by you, not to you. You take part in groups in which you discuss parts of your life and offending. You make contributions by listening to others and sharing with them your thoughts and experiences. It's all still done on a prison wing, with prisoners who have come here because they want to better themselves and make changes in their lives.

Therapy isn't always easy. It involves talking about things that have happened in the past and things happening now. Community members make links with their pasts and learn how to reduce their risks for the future. It is about living in a community together, making and maintaining relationships and dealing with the highs and lows

whilst developing pro-social behaviours. It is about giving and receiving support to/from others, and being able to give feedback or challenge these where appropriate to help yourself and other people make changes.



## What is it not?

Therapy isn't about "magic cures", as these don't exist. It takes hard work and engagement to make changes. It's not about being 'good' and not making any mistakes. It's about recognising when these happen and learning to cope in new and different ways with what is happening for you and around you. It's not a 'tick box', as it's not the 'easy' option. There aren't any shortcuts to therapy, as changes take time. There might be times that things get hard, but there is support available from other community members and staff, who will help you explore any difficulties in therapy and to work through these as a community.



## Will it work, and how long will it take?

Therapy can help you to see how you have come to behave in certain ways, what your risks are, and to make positive changes to

reduce these risks. It can support you to improve your behaviour, how you interact with others, and other areas that might have been difficult for you during your life; or related to your offending.



## What happens when I get on the TC?

When prisoners first arrive on the TC they will spend some time in the assessment phase where their suitability for the TC will be assessed. Prisoners usually spend 4 months in this phase, but if required they can spend up to 6 months in this phase. If found suitable for therapy, community members then **spend a minimum of 18 months in core therapy**. This said, there is **no specific time frame for therapy**, as everyone is different and you need to be aware that therapy is an open ended process and so we cannot tell you how long you will be with us. Most of our community members spend between 18 months and 3 years in core therapy, but some do spend longer depending on their risks and needs. It is important to know that therapy is open ended and we will work with you to identify when it is the right time for you to end therapy. Progress is reviewed every six months to support community members with addressing therapy targets and working towards completing therapy successfully.

If you are not found suitable for therapy, then you will return to the establishment you arrived from.

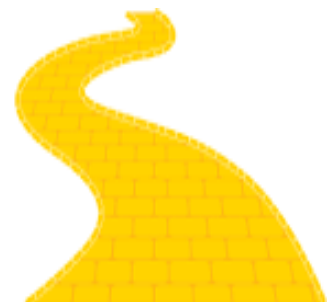


## Who is involved in the therapy?

You will be involved in therapy as part of a community, made up of prisoners and staff. You and other prisoners will be part of small groups of usually between six and nine people, and will explore your identified risk areas with each other (with staff facilitating the discussions). You will also explore issues within the community as a whole.

Whilst you're on the unit, a range of professionals will be involved in working with you. These will include officer-facilitators; prison officers who are trained to facilitate the therapy groups. You will also work with psychologists, civilian facilitators, psychotherapists, OMU staff, educational staff, healthcare staff and various other professionals depending on your own needs.

On the TC, there is also a TC Chairman and Vice-Chairman. These are community members who have been voted into these roles by staff and liaise with staff and community members to make decisions and facilitate community spaces.



## What will it look like?

When you first come on to the unit, you enter an assessment period. This usually takes around three months, unless further assessments are needed after this time. Your assessment is done to see what your needs would be and whether you would be suitable for going into core therapy groups. It will include;

- **Initial Selection Interview:** An interview with some TC staff and the TC chairman or Vice-Chairman. This is to get an idea of who you are and what you expect to gain from therapy, and is the first step on the TC in order to progress into the other parts of the assessment.
- **A psychological assessment (HCR-20, SARA, Psychometrics, etc.):** This helps to identify what your risk areas to address in therapy are, and whether you would be suitable to go into the groups on the wing.
- **Assessment groups:** These take place once a week, with a facilitator, other prisoners in assessment, and a community member from a core therapy group who can share their experiences. They involve discussions about the TC and the model it uses, and what to expect from therapy/living on the wing.
- **Staff and community member votes:** As you near the end of assessment, the community members vote as to whether they feel should enter core therapy within the TC. Once they have done this, the staff also have their say about whether they will uphold the outcome of the vote.
- **Initial Therapy Plan Interview:** Once accepted into core therapy, you'd take part in an interview that will go towards writing your first therapy plan. Therapy plans are made up of targets for you to complete in therapy (e.g. things to discuss) that will help you to address your risk areas. These are then updated every six months.

Once you have been through the assessment process, you will be allocated a **small therapy group** to enter. These groups are held three times a week (on a Tuesday, Wednesday and Thursday morning for 1hr and 30 minutes). You will also attend **wash-up** spaces, which are sessions that happen after groups where the community comes together to share how they are left feeling after their therapy group.

There are also other group spaces you'd attend, both during assessment and when in therapy. These are **community meetings**, which happen twice a week (Monday and Friday mornings) with the whole community. These are spaces where community members and staff discuss wing issues, raise concerns, highlight things they feel are going well on the unit, organise events, make decisions about the community etc. These are led by the TC Chairman and Vice-Chairman. You would also attend '**special**' **meetings**. These are meetings called by community members or staff when issues arise that cannot wait until the next group or community meeting.

There is also an opportunity for community members to attend **psychodrama groups**; a 'creative psychotherapy', which is also viewed as an important element of a DTC therapy. There is an expectation that all community members will engage in a core creative psychotherapy (CCP) at some point during their therapy. There are two core creative therapies available at HMP Warren Hill: **Psychodrama** and **Art Therapy**. **Psychodrama** uses guided dramatic action to look at problems or issues community members raise. It clarifies issues, increases physical and emotional wellbeing, enhances learning and develops new skills. Psychodrama is practiced and taught extensively throughout the world.

Prisoners are given an introduction to psychodrama during their assessment period. They can apply to join the psychodrama group



as soon as they have started their core therapy. The group runs in terms of between 12 and 18 weeks. New members can join at the beginning of each term, subject to places being available. A community member commits for one full term. They can then choose to continue into further terms, subject to places being available.

The psychodrama group is facilitated by a qualified and experienced psychotherapist. Community members regularly accomplish deep and significant therapeutic work in the group. The combination of exploring the same therapeutic issues through psychodrama, and through discussion in the small therapy groups, can be particularly powerful.

There is also an opportunity for community members to attend **Art Therapy groups**. Art therapy is taught and practised worldwide. It is a form of psychotherapy that uses art making as its primary mode of communication. It involves using visual images to increase the understanding of self and others. By reflecting on the process of, and content of art making with a trained art therapist, community members can gain a better understanding of difficult thoughts, feelings, behaviours and experiences. The overall aim of Art Therapy is to enable people to bring about change on a personal level, through the use of art making and reflection, and to create a safe environment where community members are encouraged to explore and reflect on their issues.

During the pre-assessment period prisoners are given an introduction to art therapy. They can then apply to join the Art Therapy group when they start core therapy in small groups. The group runs three terms a year for between 12-18 weeks each term. New members can join if there are spaces available.

The Art Therapy group is facilitated by a qualified and experienced arts psychotherapist. Community members can gain significant therapeutic progress through their engagement in Art Therapy. The work that community members do in small groups often links into the art therapy process, which creates a meaningful therapeutic

combination.



## What will the community expect from you?

The community expect you to be curious about yourself as a person, as well as the other members of the community. They expect you to be committed to making changes, and supporting others to make changes too.

Therapy works best when you are willing to get involved in the community life and work with others. This might be sharing your views in groups and community spaces, taking part in wing activities, or even putting yourself forward for the Chairman/Vice-Chairman role after you've been in core therapy for a while.

The community expect members to be willing to listen to feedback, and give feedback to others. There is also an expectation that there will be no drug use or violence from prisoners on the wing.

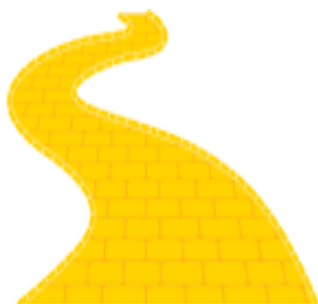
The community will encourage you to try out new ideas and ways of managing things. This might sometimes mean making mistakes, but that's okay too. You can work through these are part of your therapy.

You are able to opt out of therapy, as it is your choice to take part. You'd be expected to talk through any decision to leave with your group in order to ensure you have a proper ending with them. You'd also need to talk through the choice with staff so that they can explain what might need to happen next and liaise with your OMU team. You'd need to know that no progressive recommendation would be made until you'd completed your therapy.



## Where is HMP Warren Hill?

HMP Warren Hill is on the East coast, close to Ipswich, Suffolk. The TC is a 40 bed unit within the prison. We have a different regime to the rest of the prison. There will be some elements of the prison you will be able to access for example the gym, workshops and the library. However, there are other aspects such as the prison shop which is not part of the regime and you will be unable to access.



## How do I apply?

To apply, you should discuss this with your Prison Offender Manager (POM) and fill in the paperwork needed; a self-referral pack, application form, consent forms and other attached documents. Your POM can send these over to the referral team at HMP Warren Hill TC, who will review your application. We advise a twelve week period to review your application.

You can contact us via:

The Referral Team  
Therapeutic Community  
HMP Warren Hill  
Grove Road  
Hollesey  
Suffolk IP12 3BF

We'd be happy to talk through any questions that you have.

## The referral process:

Once you have decided you wish to apply for the TC at HMP Warren Hill, there are the following steps:

First discuss your willingness to refer for the TC with your POM/COM and make sure you meet the criteria:

- Over two years left on your sentence
- Cat C status
- Index offence is not of a sexual nature
- Drug free for 6 months
- Adjudication free for three months
- No current diagnosis/active symptoms of a major mental illness
- Be free of self-harm for at least two months prior to applying – although in some cases we will want to see this for a longer period of time
- Accept responsibility for your offending and not appealing your sentence
- Motivated to engage in therapy

If you meet the criteria, fill in the Warren Hill Self-Referral pack; the consent form for assessment, research and medical disclosure; and the consent form for transfer. Ask your POM to send these to the referral team at HMP Warren Hill

If your referral is found to meet all of our criteria we will ask you to write a letter to the community about why you would like to come to the TC. We will provide you with guidance about what to include.

Don't send this until we ask you. We will ask for this when we know there will be space for you to potentially transfer, if you are found suitable.

It takes approximately 12 weeks to review your referral, during this time you may not hear from us but we will be speaking with your POM making sure we have all relevant documents and information regarding your referral.

Once the self-referral pack has been received we will review your referral. If you have requested so we will send you a letter confirming we have received it.

Once your letter has been read to the community we will write to you about the outcome of this. It may be that the community has more questions and we ask you to provide more information

Following the outcome of the community vote we will write to you regarding whether you have been offered a place on the TC. This will also outline any conditions of your place which have been agreed with

We will arrange a date for you to transfer to the TC. However, throughout the whole process you need to remain adjudication free, be of good behaviour and remain stable (e.g. not on an ACCT). If not your referral will be deferred until you have demonstrated this.



HM Prison &  
Probation Service

# **HMP Warren Hill THERAPEUTIC COMMUNITY**

## **Self-Referral Pack**

**Version: 2020.1**  
Reviewed August 2020

## **Instructions for Completion**

This form has been designed to make the application process as simple as possible for you to complete and for us to assess. If you have problems reading or writing, please do ask your Personal Officer or Prison Offender Manager to help you fill the form in.

Before you start filling in this form, you should have read the Therapeutic Community (TC) Information Pack, which provides information about how TC works from staff and from TC community members (prisoners currently in therapy).

## **Please Be Aware**

This form has a consent form at the end. By signing this, it will give us your consent to access confidential material about you such as personal health and other information; considered to be useful in support of your application. It is important that you understand the implications of this, so please read the consent form carefully. Information collected as part of your application for the TC may be used for research purposes, but your confidentiality and identity will be protected.

## **Your Personal Information**

Full name: \_\_\_\_\_

Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Prison Offender Manager's Name:

\_\_\_\_\_

How would you describe your ethnic background? *This information will not be used in the processing of your application, and is purely for referral monitoring purposes.*

Indian	<input type="checkbox"/>	Black Caribbean	<input type="checkbox"/>	White / Caribbean	<input type="checkbox"/>
Pakistani	<input type="checkbox"/>	Black African	<input type="checkbox"/>	White / Black African	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>	Any other Black Background	<input type="checkbox"/>	White / Black Asian	<input type="checkbox"/>
Any other Asian	<input type="checkbox"/>	Chinese	<input type="checkbox"/>	Any other Mixed BG	<input type="checkbox"/>
White British	<input type="checkbox"/>	Any other White Background	<input type="checkbox"/>		<input type="checkbox"/>

What prison are you applying from?

\_\_\_\_\_

What type of sentence do you have? (Please circle)

Lifer      ISPP      EDS      Determinate

Are you currently on a recall? (Please circle)

Yes      No



Are you currently a Cat C prisoner? *Please note that HMP Warren Hill is Cat C Establishment.*

(Please circle)

Yes                  No

What is your current regime? *Please note that the TC at HMP Warren Hill asks for applicants to be enhanced when processing referrals, as this demonstrated behavioural stability.*

(Please circle)

Enhanced                  Standard                  Basic

Have you ever been on the 'E List'? (Please circle)

Yes                  No

If you have, when were you last on the E list?

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Have you passed any of the following? (Please Circle)

Literacy Level 1                  Numeracy Level 1  
Literacy Level 2                  Numeracy Level 2

**Please continue onto the next page.**

## Your Index Offence

What is your index offence?

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Date of Sentence \_\_\_\_\_

Date of PED / CRD / LED / Tariff Expiry Date \_\_\_\_\_

What is the length of your sentence or tariff?

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Did you plead guilty? (Please circle)

Yes

No

Are you appealing/have you ever appealed your sentence or conviction?  
(Please circle)

Yes, previously

Yes, currently

No

**Please continue onto the next page.**









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Who do you think was affected by your offence?

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Who are most affected by you being in prison?

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What do you think are the factors that are related to your risk of reoffending and why?

Please give your own opinion of these in this section.

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Why do you think they are a risk for you?

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**Coming to the HMP Warren Hill DTC**

Why do you want to come to a Therapeutic Community?

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How/why do you think the Therapeutic Community might help you?

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What do you want to get out of the TC/change about yourself the most?

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How do you usually deal with struggles/difficulties such as these?

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How do you feel about talking about your offence in detail, and why?  
*Please note that there will be an expectation for you to discuss your offence history in therapeutic groups.*

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How do you feel about listening to other people's offences, and why?

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Is completing therapy a sentence planning target for you? (Please circle)

Yes      No

How do you think you deal with people commenting on how you behave/think/feel?

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How do you feel if you are challenged on these things, or feel you are not believed?

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**Please continue onto the next page.**

## Your Background

### Previous Convictions

How many convictions do you have?

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What was your first conviction for?

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How old were you when you were first convicted?

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Please circle all the types of offences you have been convicted of;

Murder	Manslaughter	Violence	Sex offences
Arson	Robbery	Burglary	Kidnapping
Blackmail	Forgery/fraud	Drug offences	Theft
Conspiracy	Motoring offences	Other	

Do you have outstanding charges?  
(Please circle)

Yes      No

**Please continue onto the next page.**

Adjudications

How many adjudications have you had on this on this sentence?

\_\_\_\_\_

When was your last proven adjudication?

\_\_\_\_\_

What do you have proven adjudications for?

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Health & Wellbeing

Do you suffer from any of the following?  
(Please circle)

- |                     |                       |          |           |
|---------------------|-----------------------|----------|-----------|
| Epilepsy            | Chronic back pain     | Migraine | Diabetes  |
| High blood pressure | Difficulties sleeping | Anxiety  | Psychosis |
| Depression          | PTSD                  | OCD      |           |

Other conditions \_\_\_\_\_

Does this currently affect your ability to work or study?  
(Please circle)

Yes      No

If so, please tell us how?

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Do you have any mobility issues that we would need to be aware of?  
(Please circle)

Yes                  No

If so please tell us how this affects you and what support you may need?

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Are you currently waiting for a hospital appointment?  
(Please circle)

Yes                  No

If you are waiting for a hospital appointment, what is this for and when are you expecting your appointment to be?

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Have you completed work with a Mental Health Professional, for example a CPN, psychiatrist, occupational therapist or counsellor? (Please circle)

Yes                  No

When and where was this?

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**Please continue onto the next page.**



As part of your application, we need to be aware of all of the medication you are currently taking for Physical and Mental health issues. Please provide details of all medications you are currently taking. List the name of the medication, dosage, and your reason for taking it;

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Have you demonstrated any these behaviours in the past 3-6 months?  
(Please circle)

- Cutting any part of your own body
- Swallowing or eating non-food items (for example, glass or razors)
- Refusing food,
- Tying things around your neck
- Trying to hang yourself
- Other forms of self-harm.....

Have you done any of these behaviours in the past? If so, please tell us what you did and why?

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Drugs and Alcohol

Have you ever taken illegal drugs?  
(Please Circle)

Yes          No

Have you had a problem with drug or alcohol misuse?  
(Please Circle)

Yes          No

Have you ever had a positive MDT in prison?  
(Please circle)

Yes          No

Date of last positive MDT.....

If you have, what have you tested positive for?  
(Please circle)

Opiates    Cannabis    Prescribed Meds    Other.....

Have you had proven adjudications for brewing hooch? (Please circle)

Yes          No

Do you consider yourself to be currently addicted to either drugs and or alcohol?  
(Please Circle)

Yes          No



How has drug and / or alcohol misuse impacted on your offending?

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**Please continue onto the next page.**

Offending Behaviour Programmes & Interventions

Please tell us which of the following you have completed;

	Year Completed		Year Completed
R&R		DSPD	
ETS		Democratic TC	
TSP		Drugs TC	
Cognitive Skills Booster (CSB)		Personality Disorder Unit	
CALM		Kainos TC	
CSCP		PIPE	
COVAID		SDP	
Drink Impaired Drivers		PASRO or BSR	
SOTP core		STOP	
SOTP extended		FOCUS	
SOTP adapted		HRP	
SOTP booster		Other:	
Healthy Sexual Functioning			

Please provide any details of any one to one work you have completed;

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What have you have gained / learned, from the above courses?

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Have you ever completed a PCL-R assessment?  
(Please circle)

Yes            No

Have you ever completed an IPDE assessment?  
(Please circle)

Yes            No

Have you ever completed a WAIS or WASI assessment?  
(Please circle)

Yes            No

Have you ever completed a HCR-20 assessment?  
(Please circle)

Yes            No

If you have been to a TC before and withdrew before you finished it, why was this?

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If you are re-applying for TC, what has changed this time?

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Have you discussed going to a TC with your family/ friends/ staff? If yes, what have they said? If not, why not?

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How do you feel about the questions we have asked you?

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Have you completed this pack yourself? (Please circle)

Yes      No

If no, who has helped you complete it and why?

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How did you hear about us? (Please circle)

Sentence planning      OASYS      Psychology      Word of mouth  
Article in a publication      Poster      Direct mail      Road show  
Other .....

Do you want us to acknowledge receipt of your application?

Yes      No

If any of these questions have affected you, please speak to a personal officer or a friend for support.

Thank you for your patience in completing this application.

Please read the next sections, sign and date your form and return it to the Referrals Team at HMP Warren Hill Therapeutic Prison.

**HMP Warren Hill DTC  
Warren Hill  
Hollesey  
Nr Woodbridge  
Suffolk  
IP12 3BF**

## Statement of Consent

I have completed this form honestly and to the best of my ability.

I confirm that I have read and understood the acceptance criteria in the TC Information Pack and believe that I meet the requirements for TC.

I confirm that I have read and agree to the movement policy and drug policy that are provided in the TC Information Pack.

By signing this document I consent to the release of any personal health and other confidential information including that held by outside agencies in order to help the staff of HMP Warren Hill Therapeutic Community to make a decision on my application.

Signed ..... Date .....

Witnessed by (name) .....

Signature of witness .....Date.....

**As part of the referral process we request that you agree to a number of conditions. Should you agree to the following conditions, then please sign the relevant consent forms and send them with your referral pack:**

- Access to your medical information **(consent for medical disclosure form).**
- You agree to take part in a psychological risk assessment, including psychological questionnaires and tests. If you agree to this your information may be used for research purposes **(consent for assessment, research and medical disclosure)**
- If you are not found suitable for the TC you will be returned to your sending establishment **(consent form for procedure if found unsuitable for therapy)**
- Understanding of the impact of engaging in the TC on Parole hearings **consent form relating to Parole)**

**HM Prison Warren Hill  
Therapeutic Community**

**Consent for Medical Disclosure**

Name of Applicant: .....

Number: .....

I, .....have applied for referral to HM Prison Warren Hill Therapeutic Community. In order that the staff team at HM Prison Warren Hill Therapeutic Community can make an informed judgment about my suitability, as laid out in the referral criteria, I consent to the disclosure of medical information which is relevant to my application.

I understand that my physical and mental health will have on-going implications for my progress through therapy. I therefore consent to disclosure of medical information, and information in respect of all medication. All medication for my mental health will be disclosed to the community.

I understand that by applying for HMP Warren Hill Therapeutic Community I am applying for a psychological treatment (“a talking treatment”), and as such, unless I develop a mental illness, I elect to use the talking treatments alone.

Signed ..... Date .....

Witnessed by (name).....

Signature of witness .....

Date .....

**Please sign and return this with your application.**

## Democratic Therapeutic Communities in Prisons

### **Consent Form for Assessment, Research and Medical Disclosure**

#### **Assessments and Research**

I give my **consent** to take part in the assessment processes for the Therapeutic Community, during which I will be asked to provide information about myself and complete a number of psychological tests, interviews and questionnaires.

This will require me to engage with a multi-disciplinary team consisting of Psychotherapists, Chartered Forensic Psychologists, Forensic Psychologists in Training and Officer/Group Facilitators.

I understand that in order to maintain and develop the Therapeutic Community treatment approach, information and assessments will be collated and used **in confidence** by assessment or research staff. I also understand that my name, number or details of my case that might identify me will not be included in the results from any research.

Signed: \_\_\_\_\_ Print Name: \_\_\_\_\_

Witnessed by: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Medical Disclosure**

I have applied for referral to the Therapeutic Community (TC). In order that TC staff can make an informed judgement about my suitability, as defined in the referral criteria, I consent to the disclosure of medical and psychiatric information in respect of all medication, which is **relevant to my application**.

If I accept a place on the Therapeutic Community, I understand that my physical and mental health will have ongoing implications for my progress through therapy. I therefore **consent to the disclosure of medical and psychiatric information**, including information in respect of **all medication** throughout my participation on the community whether this is held by prison healthcare services or by external agencies.

I understand that this information remains confidential to the Therapeutic Community and will be collected by the Community Therapist or Psychologist.

Signed: \_\_\_\_\_ Print Name: \_\_\_\_\_

Witnessed by: \_\_\_\_\_ Date: \_\_\_\_\_

**Please sign and return this with your application.**

**Democratic Therapeutic Community**  
**HMP Warren Hill**

**Consent Form regarding procedure**  
**if found unsuitable for therapy**

In order to engage fully in the Therapeutic Community, applicants will first be transferred to engage in an assessment period. This will be a minimum of four months, unless the applicant is found unsuitable for therapy or withdraws prior to this time period. Should the applicant be considered unsuitable for therapy or they withdraw from the assessment phase then they shall be encouraged to either work with their new Prison Offender Manager (POM) to identify a suitable location, or, be returned to their sending establishment.

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*Applicants consent:*

If I accept a place on the HMP Warren Hill Therapeutic Community, I understand that should I be found unsuitable for therapy, you will work with me and my new POM at HMP Warren Hill to identify a suitable location. This may mean returning to my sending establishment.

Applicant's signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Witnessed by : \_\_\_\_\_ Date: \_\_\_\_\_

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*OMU's understanding:*

We are aware that should the applicant be found unsuitable for therapy or withdraws whilst in the assessment phase, they will either be transferred to a new establishment, or, they will be returned to our prison as we are the sending establishment. I confirm that this has been discussed with the relevant individuals (e.g. Head of OMU), and should the applicant be found unsuitable for therapy/withdraws during the assessment phase, then there is the possibility that they will be returned to us.

POM/OMU representative signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Please sign and return this with your application.**

**Democratic Therapeutic Communities in Prisons**

**Consent Form relating to Parole**

In order to engage fully in the Therapeutic Community you will first be required to spend a minimum of 4 months in an assessment phase. Should you be considered suitable for therapy, you will be required to be in core therapy for at least 18 months continually. Please remember that most prisoners spend longer than 18 months in core therapy. Therefore, even after 18 months in core therapy you may not be considered suitable to complete therapy. Therefore, your engagement in therapy is likely to interfere with any future parole periods you may have until after you have successfully completed therapy.

We understand that it is your right to have your parole hearings, but to be fully engaged with the Therapeutic Community you need to complete all the therapy sessions and therefore we want to make you aware that until you have successfully completed your time in therapy it would be highly unlikely for you to be supported by the TC staff at Parole hearings or in reports.

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*Applicants consent:*

If I accept a place on the Therapeutic Community, I understand that there is likely to be an impact on my future parole hearings until I have successfully completed therapy. I am aware I will therefore have the option to defer my hearings should I request this.

I confirm that I have read and understood the content of this form and I still wish to engage with the therapeutic community with this information in mind. I am aware it is likely I will need to defer any parole hearings I may have during my treatment time in the therapeutic community in order to be supported by the TC at a hearing.

Signed: \_\_\_\_\_ Print Name: \_\_\_\_\_

Witnessed by: \_\_\_\_\_ Date: \_\_\_\_\_

**Please sign and return this with your application.**