



HM Prison &  
Probation Service



# OPD Pathway Stakeholder Guide (Women)

June 2023



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## National OPD Criteria

The following describes the overall criteria for being in scope for the joint NHS and HMPPS OPD Pathway. Services operating as part of the OPD pathway will in addition have their own service-level criteria, tailored to the need and type of service. Details are provided in this document. For each case, a clinical and operational assessment will inform the referral and acceptance processes against the criteria of the service, and where applicable the host setting. Most services will require the national pathway criteria to be met in the first instance, however some have a broader referral catchment that also provides a service for those on the OPD pathway.

<b>OPD Pathway national criteria</b>	<p><b>For Men :</b></p> <ul style="list-style-type: none"><li>• At any point during their sentence, assessed as presenting a high likelihood of violent or sexual offence repetition; <b>AND</b></li><li>• Presenting a high or very high risk of serious harm to others; <b>AND</b></li><li>• Likely to have a severe personality disorder; <b>AND</b></li><li>• A clinically justifiable link between the personality disorder and the risk.</li></ul> <p><b>For Women:</b></p> <ul style="list-style-type: none"><li>• Case eligible for Multi-Agency Public Protection Arrangements (MAPPA) on their current event/ sentence; <b>OR</b></li><li>• Case has a High or Very High Risk of Serious Harm score on their current event/ sentence; <b>AND</b></li> <li>• Likely to have a severe form of personality disorder; <b>AND</b></li><li>• A clinically justifiable link between the personality disorder and the risk.</li></ul>
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# Part A: Services in prison



## The Primrose Service at HMP/YOI Low Newton

<b>Location</b>	Durham
<b>Description of service</b>	The Primrose Service offers 12 places for women presenting with personality difficulties linked to their risk. The treatment service is based in HMP& YOI Low Newton, offering a day treatment model to address individual needs in a responsive way in a custodial setting. The primary task of the service is: <i>“To provide a service in a safe and supportive environment, allowing a journey of self-discovery and recovery, identifying links between personality difficulties and risk in an individualised way”.</i>
<b>Number of places</b>	12
<b>Residential or non-residential</b>	Non – residential, although all 12 places are located on the same wing which is linked to the treatment Unit.
<b>Approx. length of intervention</b>	Potential candidates must have at least three years of their sentence left to serve.
<b>Catchment area</b>	National across England & Wales
<b>Entry Criteria</b>	Primrose is the national women’s high risk of harm service for England & Wales. It can accommodate one restricted status woman at any time. <ul style="list-style-type: none"> <li>• Meets women’s OPD pathway criteria</li> <li>• Has at least <b>three</b> years of her sentence left to serve.</li> </ul>

## The Bluebird Service

<b>Location</b>	London
<b>Description of service</b>	The Bluebird Service is provided by Women in Prison and promotes social inclusion and enables hard-to-reach women to engage and maintain an improved quality of life with the appropriate levels of support. The aim is that this will reduce their risk of reoffending, relapsing and recall.
<b>Number of places</b>	40
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	12-18 months, dependent on time left on license
<b>Catchment area</b>	Pan-London
<b>Entry Criteria</b>	For women to access this support they need to be returning to a London Probation team and either be on the Offender Personality Disorder Pathway or at least have criteria where they can be screened in.

## Democratic Therapeutic Community at HMP Send

<b>Location</b>	Woking
<b>Description of service</b>	The Democratic Therapeutic Community (DTC) at HMP Send is a group therapy programme that aims to reduce re-offending by challenging offence-related risk factors. Activities within the timetable address the interpersonal difficulties, attitudes, thinking, and emotions of those in the service. The DTC places focus upon the community relationships as the vehicle for change, and individuals are supported to develop healthy ways of relating to others. Members of the DTC are provided the opportunity to use their therapy to explore and begin to process their past experiences, including their offence(s), in order to learn new and safe ways of managing in future.
<b>Number of places</b>	24
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Individuals are required to commit to a minimum of 21 months (including a 3 month assessment phase on the unit) and a maximum of 3 years.
<b>Catchment area</b>	National
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Must have a minimum of 2 years left to serve from the point of joining</li> <li>• Must not be intending to, or in the process of, appealing sentence</li> <li>• Intellectual ability not assessed as being likely to significantly impact responsibility</li> <li>• Takes responsibility for, and shows some willingness to explore, offending</li> <li>• Not suffering from severe and enduring mental illness</li> <li>• Able to demonstrate a 2-month period of behavioural stability prior to joining</li> </ul>

## The CAMEO at HMP and YOI Foston Hall

<b>Location</b>	Foston
<b>Description of service</b>	<p>The CAMEO personality disorder treatment service is designed for female offenders who have complex needs arising from pervasive psychological difficulties (which may meet the criteria for personality disorder), who have a high risk of re-offending, have at least two years remaining on their sentence and whose progression and safe release into the community is complicated by their personality difficulties. The name for the service was developed by one of the women residing at HMP &amp; YOI Foston Hall:</p> <p style="padding-left: 40px;"><b>C</b>oping with complex needs  <b>A</b>iming for a better understanding of self through  <b>M</b>otivation to change  <b>E</b>ngaging with others and  <b>O</b>ptimism for the future</p>
<b>Number of places</b>	20 treatment places and a further out-reach service
<b>Residential or non-residential</b>	Non-residential. The CAMEO service is a day treatment service offering individualised psychological treatment plans to women in a new purpose-built unit located within the grounds of HMP Foston Hall.
<b>Approx. length of intervention</b>	Two-year intensive programme of interventions. Each woman's intervention plan is individualised and informed by their in-depth psychological formulation following a detailed CAMEO assessment. Two years is the upper limit for the programme; however, some women may not require this length of intervention.
<b>Catchment area</b>	Midlands & East of England
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Eighteen years and over</li> <li>• Meets women's OPD pathway criteria</li> <li>• Serving a sentence (including time on license) with two years remaining</li> <li>• Other women may be considered where there is a clinically justifiable reason</li> </ul>



## ACCESS at HMP Foston Hall

<b>Location</b>	Foston
<b>Description of service</b>	The <b>ACCESS</b> service aims to support prisoners at HMP Foston Hall presenting with highly complex needs which are causing them significant distress and preventing them from progressing in their sentence in some way. More specifically, it is for prisoners who cannot access or are not responding to existing strategies and interventions to manage their behaviour, indicating the need for a higher level of support. <b>ACCESS</b> aims to work collaboratively with these prisoners and/or the professionals involved in their care, in order to promote stability, psychological wellbeing and positive coping through the provision of intervention and support. As a result, <b>ACCESS</b> aims to support prisoners to engage meaningfully with the regime as well as mainstream services, activities and support as required. Through the provision of staff support, <b>ACCESS</b> also aims to improve the competence, confidence and attitudes of professionals working with complex prisoners, some of whom may present with Personality Disorder and/or mental health needs.
<b>Number of places</b>	6 – 12 at any given time
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Length of intervention will vary depending on individual need and will adopt a stepped model of care approach.
<b>Catchment area</b>	Prisoners currently at HMP Foston Hall.
<b>Entry Criteria</b>	<p>Prisoners at HMP Foston Hall who are presenting with complex needs and engaging in problematic behaviours including: prolific and severe threats/acts of deliberate self-harm (including threats/attempts to end their own life), repeated violent/aggressive behaviour towards others (including verbally abusive and threatening behaviour), sexually inappropriate behaviour towards others and recurring property damage.</p> <p>The Service aims to offer support to prisoners regardless of sentence type or length, although such factors <i>are</i> likely to influence the type and intensity of support provided.</p> <p>The Service does not accept external referrals. As such, individuals at other establishments should not be referred to HMP Foston Hall specifically to engage in ACCESS.</p>

## NEXUS Service at HMP and YOI Eastwood Park

<b>Location</b>	Gloucester
<b>Description of service</b>	<p>The NEXUS service is commissioned to provide a pathway of services for women within the South West and South Wales. The service aims to be responsive to the needs of women, offering a range of interventions and approaches to work with individuals at any stage of the pathway. The service consists of the following:</p> <ul style="list-style-type: none"> <li>• A 16-bedded Provision PIPE – suitable for women with six months or more left on their sentence</li> <li>• A Day Service - accessible to women on normal location and the PIPE. The day service offers comprehensive assessments, a range of group interventions, 1:1 work and pathway planning.</li> <li>• An outreach service (for internal referrals within HMP Eastwood Park), which includes offering consultation to staff, supervision, training, 1:1 sessions and low-level groups (e.g. a self soothe group).</li> <li>• We are also developing a resettlement service, to support women's pathway back into the community and provide follow-up support.</li> </ul>
<b>Number of places</b>	Around 60 (of which 16 are residential)
<b>Residential /non-residential</b>	Both
<b>Approx. length of intervention</b>	Length of intervention will be flexible to accommodate both short and long-stay prisoners, and support women who are released and return to Eastwood Park. Two years is the maximum period for residing on the PIPE.
<b>Catchment area</b>	South West England & South Wales (but we also take cases outside of our catchment area in exceptional circumstances)
<b>Entry Criteria</b>	<p>Nexus is designed to provide a service for women offenders meeting the women's OPD pathway criteria.</p> <p>We accept referrals for women with three or more months left to service, although to reside on the PIPE women need a minimum of six months.</p> <p>For external referrals we would expect a minimum of six month remaining on their sentence.</p>

## The Rivendell Service at HMP/YOI New Hall

<b>Location</b>	Wakefield
<b>Description of service</b>	Rivendell is a residential treatment service designed for female offenders who have complex needs arising from pervasive psychological difficulties, and who have a high risk of re-offending. Rivendell delivers an evidence-based, gender-responsive service within a safe, supportive and respectful environment, employing a range of skilled, motivated, supported and multi-disciplinary staff to address women's personality difficulties and behaviours.
<b>Number of places</b>	16 treatment places plus additional out-reach provision to the wider prison population.
<b>Residential or non-residential</b>	Both residential and outreach work into the main prison.
<b>Approx. length of intervention</b>	The length of the intervention is 2 years although the assessment process can take at least 2 months from the date of referral so we ask that a minimum of 26 months is remaining on their sentence.
<b>Catchment area</b>	North of England and North Wales
<b>Entry Criteria</b>	Women meeting the women's OPD pathway criteria. Women aged over 18 will also be carefully considered. To enable women to meaningfully engage in the programme, we ask that their mental health and custodial behaviour is stable, and that they have no significant cognitive impairments.

## The *Options* modified DBT service at HMP Downview

<b>Location</b>	Sutton
<b>Description of service</b>	Modified Dialectical Behaviour Therapy service for women meeting OPD pathway criteria.
<b>Number of places</b>	16 (8 on full programme + 8 on introductory programme)
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	6 weeks (introductory programme) – 16 weeks (full programme), with an opportunity to repeat if clinically indicated
<b>Catchment area</b>	National
<b>Entry Criteria</b>	As per women's OPD pathway criteria. Exclusion criteria include severe and enduring mental illness that is not being effectively managed (for example, by medication)

## Preparation and Progression PIPEs at HMP Send

<b>Location</b>	Woking
<b>Description of service</b>	<p>PIPEs are specifically designed, contained environments where staff members have additional training to develop an increased psychological understanding of their work. This understanding enables them to create an enhanced safe and supportive environment, which can facilitate the development of those who live there. They are designed to have a particular focus on the environment in which they operate; actively recognising the importance and quality of relationships and interactions. They aim to maximise ordinary situations and to approach these in a psychologically informed way, paying attention to interpersonal difficulties, for example those issues that might be linked to personality disorder.</p> <p>The Progression PIPE supports prisoners in consolidating and generalising their treatment gains, putting new skills into practice and demonstrating improvements in behaviour. Prisoners will have successfully completed a treatment programme (usually one of high intensity).</p> <p>The Preparation PIPE supports prisoners by focussing on progression interfering behaviours and experiences, looking at treatment readiness (responsivity), motivation, engagement and exploration of barriers to treatment or the next phase of a pathway.</p>
<b>Number of places</b>	40
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum of 6 months to maximum of 2 years
<b>Catchment area</b>	National, but primarily London and South
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Minimum of 6 months of sentence remaining</li> <li>• Evidence of treatment completed – whole / in part</li> <li>• A diagnosis of personality disorder is not needed</li> <li>• No active mental health issues</li> <li>• Not intellectually impaired</li> <li>• A period of behavioural stability (self-harm or violence/ aggression) prior to applying</li> </ul>

## Progression and Provision PIPEs at HMP and YOI Low Newton

<b>Location</b>	Durham
<b>Description of service</b>	<p>PIPEs are specifically designed, contained environments where staff members have additional training to develop an increased psychological understanding of their work. This understanding enables them to create an enhanced safe and supportive environment, which can facilitate the development of those who live there. They are designed to have a particular focus on the environment in which they operate; actively recognising the importance and quality of relationships and interactions. They aim to maximise ordinary situations and to approach these in a psychologically informed way, paying attention to interpersonal difficulties, for example those issues that might be linked to personality disorder.</p> <p>The Provision PIPE supports prisoners who are participating in treatment or offending behaviour programmes, with the aim of increased engagement with treatment activity and reduced attrition.</p> <p>The Progression PIPE supports prisoners in consolidating and generalising their treatment gains, putting new skills into practice and demonstrating improvements in behaviour. Prisoners will have successfully completed a treatment programme (usually one of high intensity).</p>
<b>Number of places</b>	40 (20 progression and 20 provision)
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum of 3 months to maximum of 2 years.
<b>Catchment area</b>	National, but primarily North and Midlands
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Minimum of 3 months of sentence remaining</li> <li>• Evidence of treatment completed – whole / in part</li> <li>• A diagnosis of Personality Disorder is not needed</li> <li>• No active mental health issues</li> <li>• Not intellectually impaired</li> <li>• A period of behavioural stability (no violence/aggression and drug use) prior to applying</li> </ul>

## ADAPT at HMP Styal

<b>Location</b>	Styal
<b>Description of service</b>	<p>ADAPT is an Enhanced Support Service (ESS) providing individual intervention and pre and post treatment support for those that are experiencing emotional, behavioural and interpersonal difficulties that are causing difficulties within the prison estate or preventing progress to other treatment services. By focussing on engagement, motivation and support we complete a collaborative formulation with all prisoners which is the used to drive intervention. The service is comprised into three distinct phases : Engagement Phase, Intervention Phase and Progression phase.</p> <p>The service is delivered by two HMMP's officers, a clinical psychologist, two assistant psychologists and a psychological therapist, with operational support provided by HMMPS and GMMH.</p>
<b>Number of places</b>	Approximately 20 places for pre-treatment individual engagement, stabilization and psychological support, plus a small number of trauma and personality disorder intervention places for those that are unable to access treatment across other OPD services.
<b>Residential or non- residential</b>	Non-residential
<b>Approx. length of intervention</b>	4 – 9 months
<b>Catchment area</b>	HMP Styal Residence
<b>Entry Criteria</b>	All offenders resident at Styal who are struggling with emotional and behavioural regulation and interpersonal behaviours which is negatively impeding their engaging with prison routine or access to other services. We also offer support and transitional work for those that have completed or are about to commence other OPD services.

## EOS at HMP Bronzefield

<b>Location</b>	Ashford
<b>Description of service</b>	<p>EOS at Bronzefield is a project aimed at addressing the needs of female offenders identified as presenting with highly complex needs who are unable to access broader interventions. EOS currently is in the process of working with up to 5 women identified by HMPPS as falling under this remit.</p> <p>Underpinning the project is an MBT (Mentalisation Based Treatment) approach, aimed at working with both the women and their proximal networks of staff. The aim of the project is to facilitate engagement with multi-disciplinary teams to identify shared goals which enable them to access more services within the PD Pathway.</p> <p>The project was named by one of the women after a Greek Goddess (EOS - Goddess of the Dawn of the New Day). EOS staff have also identified the pilot name as having a second meaning 'Engaging Optimising Services'.</p>
<b>Number of places</b>	<p>7-10</p> <p>All women on EOS are identified through the HMPPS Complex Needs Case Supervision System (CNCSS)</p>
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Dependent on need. The EOS project is currently funded for up to 2 years (from December 2015).
<b>Catchment area</b>	Women at Bronzefield identified by HMPPS CNCSS as meeting their criteria for Highly Complex Needs.
<b>Entry Criteria</b>	Women at Bronzefield identified by HMPPS CNCSS as meeting their criteria for Highly Complex Needs.

## Enabling Environments (EE)

<b>Location</b>	<p>Various sites:</p> <ul style="list-style-type: none"> <li>• All 10 women’s closed prisons are working towards the EE award within one or two specified areas or wings</li> <li>• All 6 women’s approved premises are working towards the EE award</li> <li>• HMP&amp;YOI Drake Hall is working towards a whole-prison EE</li> </ul>
<b>Description of service</b>	<ul style="list-style-type: none"> <li>• Enabling Environments are services that develop and maintain healthy relationships between staff, between offenders and between staff and offenders.</li> <li>• Enabling Environments recognise the value of ordinary relationships, respect and purposefulness in creating places where people can develop, grow and flourish.</li> <li>• The Enabling Environments Award is a developmental, standards-based, process which supports services to improve the quality of relationships and the social environment.</li> <li>• Ten simple standards break down the critical elements of a healthy social environment.</li> <li>• The Enabling Environment Award can be achieved by those who can demonstrate they are achieving all ten standards in relation to both staff and offenders.</li> </ul>
<b>Number of places</b>	n/a
<b>Residential or non-residential</b>	<ul style="list-style-type: none"> <li>• Enabling Environments can be found in all walks of life. They are places where people live, work or come together for a specific purpose. They can be workplaces, schools and colleges, hospital wards, prisons, day care units, care homes, children’s homes, supported accommodation or neighbourhoods etc.</li> </ul>
<b>Approx. length of intervention</b>	n/a – EE is not an intervention. It takes around 18-24 months to achieve the EE award
<b>Catchment area</b>	n/a
<b>Entry Criteria</b>	n/a – EE does not affect the population management of the site or service



## Deaf Prisoner In-reach Project at HMP South Yorkshire

<b>Location</b>	Nottinghamshire
<b>Description of service</b>	Assessments are undertaken in a culturally and linguistically appropriate way, adapted to the individual's language and learning needs. These can be done in any prison but if suitable for therapy, the prisoner will have to move to an appropriate HMPPS establishment within a 75 mile radius of Rampton Hospital.
<b>Number of places</b>	10
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Up to 2 years
<b>Catchment area</b>	Midlands/Yorkshire (but assessments can be undertaken nationwide)
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Profoundly deaf Sign language user</li> <li>• Unable to access conventional treatment programmes due to communication difficulties.</li> </ul>

# Part B: Services in the community, including Approved Premises



## Community OPD provision

### Case identification, consultation, formulation, casework and workforce development

<b>Location</b>	Various – nationwide
<b>Description</b>	Joint Probation-Health partnerships to enhance existing offender management arrangements by offering case identification early in the sentence of offenders who are likely to meet the service criteria; targeted specialist advice, case consultation and formulation to support offender management; sentence planning taking account of complex psychosocial and criminogenic needs relating to personality disorder; promotion of effective engagement, compliance and appropriate monitoring of the offender; and training to increase confidence and competence of staff in working with the target population in the local area.
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Varies depending on length of sentence/licence
<b>Catchment area</b>	This service is available across England and Wales
<b>Entry Criteria</b>	<p><b>Men:</b></p> <ul style="list-style-type: none"> <li>• At any point during their sentence, assessed as presenting a high likelihood of violent or sexual offence repetition and as presenting a high or very high risk of serious harm to others; and</li> <li>• Likely to have a severe personality disorder; and</li> <li>• A clinically justifiable link between the personality disorder and the risk; and</li> <li>• The case is managed by HMPPS.</li> </ul> <p><b>Women:</b></p> <ul style="list-style-type: none"> <li>• Likely to have a severe personality disorder; and</li> <li>• A clinically justifiable link between the personality disorder and the offending; and</li> <li>• The case is managed by HMPPS.</li> </ul>

## Crowley House Approved Premises PIPE

<b>Location</b>	Birmingham
<b>Description of service</b>	<p>Crowley House is an Approved Premises PIPE (Psychologically Informed Planned Environment) for women with complex needs transitioning from prison into the community.</p> <p>It is a joint contract between HMPPS and NHS, with psychologists joining the team who together work to create and maintain an environment which is underpinned with psychological theory and enabling for both staff and offenders.</p> <p>Crowley House is situated in extensive grounds and comprises of a main house providing 12 beds with two three bedded flats and a cottage, which give the opportunity for offenders to experience a progressive move into semi-independent living prior to moving out of the AP.</p> <p>Selly Oak provides a range of shops and facilities and there are frequent buses and trains enabling offenders to access the nearby towns and the City Centre with ease.</p>
<b>Number of places</b>	Crowley House is a 21 bedded hostel; 12 beds within the main house and 9 divided between flats and a cottage.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Estimated length of stay is 3- 6 months, although can be shorter or longer dependant on need and motivation
<b>Catchment area</b>	We are a national resource along with Edith Rigby PIPE AP so welcome all referrals. However, preferably the South of the country in order to be as close to the residents' home areas as possible.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Assessed as presenting a high risk of serious harm, or presenting a medium risk of serious harm with complex needs</li> <li>• Personality difficulties or traits identified</li> <li>• Screened into the OPD Pathway</li> <li>• Recent formulation to be made available at referral</li> <li>• Completed psychological intervention (or similar) during most recent custodial sentence</li> <li>• Willingness / readiness to consolidate learning in a community setting and supportive environment</li> <li>• Relatively close distance to familial links and support networks</li> <li>• Willingness to engage with the structure and activities of a PIPE hostel</li> </ul>

## Edith Rigby House Approved Premises PIPE

<b>Location</b>	Preston
<b>Description of service</b>	<p>Edith Rigby House is an Approved Premises PIPE (Psychologically Informed Planned Environment) for women with complex needs transitioning from prison into the community. It is staffed by both HMPPS and NHS clinical staff – clinical staff are there to support HMPPS to create and maintain an enhanced psychologically informed planned environment.</p> <p>Our regime focuses on the importance of building relationships and consists of both structured and socially creative sessions in line with the PIPE model. These include a facilitated reflective space for offenders, The Reader's, artistic and basic skills workshops (e.g.: cooking, budgeting, mental health, housing etc).</p>
<b>Number of places</b>	12 individual rooms
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	6-month placements – dependent on level of need and risk
<b>Catchment area</b>	Preferably North West region, however being a national resource, we welcome all referrals.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Assessed as presenting a high risk of serious harm, or presenting a medium risk of serious harm with complex needs</li> <li>• Personality Difficulties or traits identified</li> <li>• Screened in OPD Pathway, recent formulation to be made available</li> <li>• Completed psychological intervention (or similar) during most recent custodial sentence</li> <li>• Willingness / readiness to consolidate learning from above in a community setting and supportive environment</li> <li>• Relatively close distance to familial links and support networks</li> <li>• Willingness to engage with the regime on offer at ERH</li> </ul>

## HerStory Supported Housing

<b>Location</b>	London
<b>Description of service</b>	HerStory House is a specialist supported accommodation explicitly designed for women screened in to the OPD pathway in London. The service is committed to empowering women with the skills to thrive in a community of their choosing, maintain their independence and build hope for a healthy future.
<b>Number of places</b>	4 beds in 2 separate flats, each flat containing a communal kitchen and bathroom. The service also includes a well-being hub on the ground floor, which includes a training room, lounge and kitchen and is designed for the implementation of groups, activities and interventions.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Up to 18 months, dependent upon individual needs
<b>Catchment area</b>	London
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Meets women’s OPD pathway criteria (see p.3). Our referrals will be prioritised based on an individual’s needs/complexities which may include:</li> <li>• Current and/or historical exposure to trauma or adverse childhood experiences</li> <li>• Cycles of homelessness</li> <li>• Substance use</li> <li>• Difficulty living within a community Setting</li> </ul> <p>This includes women who, at the time of referral, are residing in prison, approved premises or a mental health hospital.</p>

## Together Women Mentoring and Advocacy Service for women offenders with personality disorder in Northern England and North Wales

<b>Address</b>	Northern England & North Wales
<b>Description of service</b>	The Mentoring and Advocacy service supports women's engagement and progression through a pathway of care and management. The service provides emotional and practical support to women around a range of issues including accommodation, finance and benefits, children and families, substance misuse, personal safety, education and training, mental and physical health, motivation and social inclusion. The aim of the Mentoring and Advocacy Service is to reduce repeat offending and improve the overall health of female offenders with PD.
<b>Number of places</b>	Up to 150
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Support will be offered to women throughout their statutory license/supervision or until they wish to no longer access the service. The length of support will average approximately two years
<b>Catchment area</b>	North of England and North Wales
<b>Entry Criteria</b>	<p><b>In all cases women must be:</b></p> <ul style="list-style-type: none"> <li>• Over 18 and give consent to referral</li> <li>• Have a home address in North of England or North Wales</li> </ul> <p><b>Referrals are accepted for:</b></p> <ul style="list-style-type: none"> <li>• Women who participate in the CARE programme at HMP New Hall.</li> <li>• Women in custody, community or an approved premise who have been identified for the women offender PD pathway</li> </ul>

## Atlas IIRMS Norfolk and Suffolk *Map your strengths to support your world*

<b>Address</b>	Norfolk & Suffolk
<b>Description of service</b>	ATLAS offers a Standard IIRMS (Intensive Intervention and Risk Management Service). We are a team of three part time practitioners: A Probation Service Officer, an Assistant Psychologist and Offender Personality Disorder (OPD) Practitioner. Our team is supported by the Psychologists in the Norfolk and Suffolk Core Service. Services are available to men and women who screen into the OPD Pathway. We work with offenders to support their safe and successful reintegration into the community. We offer individually developed plans, focusing interventions where needed; helping to build good relationships, support in managing emotional reactions, and assistance in setting up meaningful activity or occupation.
<b>Delivery partners</b>	Norfolk and Suffolk HMPPS Norfolk and Suffolk Foundation Trust
<b>Number of places</b>	The project will work with up to 12 people on probation at one time over various phases of the intervention.
<b>Residential or non-residential</b>	This is a non-residential service.

<b>Approx. length of intervention</b>	This will be determined according to need, and the intensity of any involvement will also be adjusted. We work with offenders for up to two years. This includes engagement work 6 months prior to release from custody, support at Approved Premise, or other hostel, and to those in independent accommodation in the community. We encourage and support offenders to move on from our service as soon as they are able. Offenders can stay on contact with us on a drop-in basis for supportive conversations (e.g., monthly) for as long as they wish.
<b>Catchment area</b>	For those from and planning to remain in Norfolk and Suffolk. We may consider people from out of area, who plan to relocate and remain in Norfolk and Suffolk long term. People in prison maybe asked to transfer to a local prison for their final 6 months in custody, or to visit a local Approved Premise on ROTLs, as appropriate.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Screens into the OPD Pathway, and has a formulation completed</li> <li>• Ongoing concerns regarding risk</li> <li>• Meets the basic level of harm</li> <li>• Clinically justifiable link between the personality disorder and the risk</li> <li>• Personality disorder is their primary need (as opposed to other mental health or risk issues)</li> <li>• Outstanding support needs</li> <li>• Willingness to engage</li> </ul>



## Anawim Mentoring and Advocacy service, Birmingham

<b>Address</b>	Birmingham
<b>Description of service</b>	The Mentoring service supports women's engagement and progress through the gate into the community. It builds from the crisis management work undertaken by the prison in-reach team. The service provides emotional and practical support to women around a range of issues including accommodation, finance and benefits, children and families, substance misuse, personal safety, education and training, mental and physical health, motivation and community inclusion. The aim of the Mentoring and Advocacy Service is to reduce reoffending and improve the overall health & wellbeing of female offenders with PD.
<b>Number of places</b>	Not specified
<b>Residential or non-residential</b>	Non-residential currently but residential facility is being built for 6 women.
<b>Approx. length of intervention</b>	As long as needed, average 1 year
<b>Catchment area</b>	Birmingham and surrounding if women can get to centre
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Over 18 and give consent to referral</li> <li>• Women in custody, community or an Approved Premises who have been identified for the women OPD pathway.</li> </ul>

## Pan-London Service - Bluebird

<b>Location</b>	London
<b>Description of service</b>	Promote social inclusion and enable hard to reach women to engage and maintain an improved quality of life with the appropriate levels of support. The aim is that this will reduce their risk of re-offending, re-lapsing and re-call. The model is Through the Gate, so we begin our engagement with women within the prison, prior to their release. We will then work with them in the community to reach a number of individual support goals, focusing on positive progress in the following areas: housing, engagement, personal development, training, education and employment, substance misuse, health & well-being, and criminal justice. We also work with women who may already be released from prison and on licence.
<b>Number of places</b>	15
<b>Residential or non-residential</b>	Non-Residential
<b>Approx. length of intervention</b>	3months – 18months
<b>Catchment area</b>	Women returning to London
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Over 18 years old.</li> <li>• A diagnosis of Personality Disorder or personality disorder traits. (This recognises that women may not have come into contact with services to reach a diagnosis prior to imprisonment)</li> <li>• Women who are presenting with Complex Needs. By this we mean women who have found it difficult to engage with statutory services and who have a number of support needs including mental health, domestic violence, substance use, housing, benefits, education and training, family and parenting.</li> <li>• Women sentenced to over 12months for a non-acquisitive offence, who will be released on license in London</li> <li>• Women interested to engage/participate in the project. This may be women who want to make positive changes in their lives but need support and advocacy work to do this.</li> </ul>

## Bridging the Gap IIRMS, North Yorkshire and Humberside

<b>Location</b>	North Yorkshire & Humberside
<b>Description of service</b>	Bridging the Gap is an Intensive Intervention Risk Management Service (IIRMS) that provides psycho-social interventions for high risk men and women, who have screened into the OPD pathway. We are a community-based service that delivers individually tailored and psychologically informed interventions directly to men and women, across York, North Yorkshire and Humberside. Our overarching aims are to enhance the management of risk of serious harm to others and re-offending, and to develop clients' psychological wellbeing and social engagement.
<b>Number of places</b>	50
<b>Residential or non-residential</b>	Non-residential. Individuals are seen in Probation offices or on AP premises. In-reach work can begin in custody.
<b>Approx. length of intervention</b>	12- 18 months
<b>Catchment area</b>	York, North Yorkshire and Humberside
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• On licence or community sentence, with a minimum of 12 months remaining</li> <li>• Male/female</li> <li>• Motivation to access support, and to change behaviours that have prevented them from resettling in the community and/or live offence free lives</li> <li>• Assessed on OASys as high risk of serious harm to others or have been high risk at some point in current sentence</li> <li>• Case held by York/N.Yorks/Humberside Probation Unit</li> </ul>

## The Compass Service: West Yorkshire & Humberside Intensive Intervention and Risk Management Service (IIRMS)

<b>Location</b>	West Yorkshire & Humberside
<b>Description of service</b>	Compass is a psychologically-informed and occupational therapy-based intervention. It aims within the context of risk management and the development of collaborative formulations, to help women service-users and the professional systems working around them, to better understand the women's current needs and to build stability. Compass aims to increase understanding of how the concept of 'personality' influences the women's sense of self and others, and influences what they do in their daily lives. Compass provides dedicated housing and resettlement input which is sensitive to individual need. Non-direct intervention is also provided which includes supporting workers to respond to the women's individual needs and risks in a formulation-led way.
<b>Number of places</b>	12
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	14 months
<b>Catchment area</b>	Compass offers 14 months of intervention within community-based settings to women managed by the Probation Service who are located within the West Yorkshire area. There is also a limited capacity for West Yorkshire women to participate in some early engagement work whilst approaching custodial release, or during a short period of recall to custody. A brief intervention (the 'Understanding my Needs' module) is offered for all other eligible Yorkshire & Humber women managed by the Probation Service <i>whilst they are resident at Ripon House</i> .
<b>Entry Criteria</b>	Women managed by the Probation Service within the above catchment area can access the Compass service providing that they: <ul style="list-style-type: none"> <li>• Have a minimum 10 weeks remaining on Licence/Order</li> <li>• Present a medium to high risk of harm and reoffending</li> <li>• Are eligible for the offender personality disorder pathway</li> <li>• Display some degree of interest in addressing their difficulties</li> <li>• Any drug or alcohol dependence is effectively managed</li> <li>• Have no current diagnosis of major mental illness (e.g. psychosis)</li> <li>• Have no significant learning disability</li> </ul>

## FIPTS community PD team, South London and Maudsley NHS (IIRMS)

<b>Location</b>	London
<b>Description of service</b>	The Forensic Intensive Psychological Treatment Service (FIPTS) Community Team was developed in 2004 in partnership with the Ministry of Justice and Department of Health to treat and manage high risk offenders with severe PD. The FIPTS Community Team sits within a unique care pathway which includes a 15 bedded medium secure unit, a 6 bedded high support hostel, a 4 bedded low support hostel as well as community treatment and support. FIPTS uses the Positive Community Relationships Programme (PCRP), which was developed from Enabling Environment principles, Desistance Theory, and the Transtheoretical Model of Change, to improve psychosocial functioning, community integration and reduce violent reoffending among offenders with PD.
<b>Number of places</b>	Community Services = 40 places (men and women)
<b>Residential or non-residential</b>	Non-residential (for residential, see HerStory House)
<b>Approx. length of intervention</b>	12-24 months
<b>Catchment area</b>	Southwark, Lambeth, Richmond & Kingston, Wandsworth, Croydon
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Men and women over 18 who are at medium-high, high-risk of high harm, have a forensic history and likely to meet a diagnosis of personality disorder</li> <li>• There is a link between the individual's personality traits and offending behaviour</li> <li>• It is also desirable that individuals demonstrate some motivation to address both their personality difficulties and offending behaviour</li> <li>• Absence of active major mental illness, learning difficulties (IQ &lt;65) or substance dependence disorders</li> </ul>

## Changing Lanes (IIRMS)

<b>Location</b>	London
<b>Description of service</b>	Changing Lanes is an intensive intervention and risk management service (IIRMS) for people with personality disorders who have previously committed serious offences. Our goal is to help them reduce their risk of reoffending and increase their chances of leading a rewarding life.
<b>Number of places</b>	50
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	Up to 12 months (dependent on need)
<b>Catchment area</b>	London Boroughs of City & Hackney, Tower Hamlets, Newham, Waltham Forest, Redbridge, Barking & Dagenham and Havering
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Screened in to the Offender Personality Disorder Pathway</li> <li>• Probation LDU needs to be within the boroughs of North East London (those placed in the area are considered on a case by case basis)</li> <li>• Within 6 months of release, or on licence in the community</li> <li>• Case consultation and pathways planning have been unsuccessful</li> </ul>

## Evolve IIRMS, Cambridgeshire

<b>Location</b>	Cambridgeshire
<b>Description of service</b>	<p>The Evolve Project is an integrated, intensive risk management service (IIRMS) for people with traits of personality disorder who have previously committed serious violent or sexual offences. The service aims to work closely with these individuals and their Offender Managers to manage risk and reduce reoffending, whilst supporting the individuals to lead positive and fulfilling lives in the community.</p> <p>The service will have high, medium and low-level intensity interventions which will be chosen and individualised to meet everyone's specific needs and will be flexible to work with varying levels of engagement.</p>
<b>Number of places</b>	Approx. 10 (per level)
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	12- 24 months
<b>Catchment area</b>	Cambridgeshire
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Managed by the Probation Service and assessed as presenting a high or very high risk of serious harm</li> <li>• Screened into OPD pathway</li> <li>• Subject to statutory supervision – minimum 6 months prior to release from prison and with a minimum 2-year period on licence</li> <li>• Individuals that require frequent contact, intensive support and a multi-agency approach to manage their risk and complex needs</li> </ul>

## Evolve IIRMS, Greater Manchester

<b>Address</b>	Greater Manchester
<b>Description of service</b>	<p>Evolve is the Intensive Intervention and Risk Management Service (IIRMS) in Greater Manchester. It is an intervention service for adult men and women managed by HMPPS and who screen into the OPD (Offender Personality Disorder) strategy. The service works directly with adults in the criminal justice system who have often experienced childhood trauma, and present with complex needs and challenging behaviour, and are likely to have personality-based difficulties that relate to their risk.</p> <p>Evolve offers an integrated, psychologically and socially informed service to use psychological formulation to understand the nature of the difficulties and risks that person has, and based on this, offers an intervention to enhance their wellbeing, social engagement and personal capacity to lead independent, lawful and fulfilling lives. Offenders will give their consent to participate and staff will work closely with them and their offender manager. We value the importance of a close working relationship with our probation partners and aim to support the system around our offenders and collaborate with our partners to promote a comprehensive and psychologically informed approach to the offenders. We offer a psychologically informed practical support with an emphasis on the relationship and can offer some limited psychoeducation and skills building work, where appropriate.</p>
<b>Number of places</b>	50
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	Initial stage of up to six months prior to release. Intervention offered for 12 months from the day of release, at varying levels of intensity. After this time, there is some potential for ad hoc contact as needed in addition to an Expert by Experience role with the service.
<b>Catchment area</b>	Greater Manchester
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Diagnosed or suspected PD, screened into the OPD Pathway</li> <li>• High or Very High risk on release from prison</li> <li>• Subject to post custody release licence</li> <li>• Recognises the need to change specific behaviours and is motivated to engage with Evolve to make these changes</li> </ul>

## Leicester IIRMS (Options for Change+)

<b>Address</b>	Leicestershire
<b>Description of service</b>	This is a community based intensive intervention programme.
<b>Number of places</b>	15
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	18-24 months (including 6 months in-reach work)
<b>Catchment area</b>	Leicestershire and Rutland
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• High risk if male, medium risk + if female</li> <li>• 6 months left to serve in custody to give us time to build alliance</li> <li>• 18 months left on their sentence to be spent in community</li> <li>• Historical non-compliance, e.g., breaches, previous recalls to prison, lack of other professional support services</li> </ul>



## STRIVE (IIRMS)

<b>Location</b>	Dorset
<b>Description of service</b>	<p>The STRIVE IIRMS offers the following:</p> <p><b>Support</b> - Practical and emotional to improve psychological wellbeing, quality of life, social engagement and community functioning.</p> <p><b>Treatment</b> – Based on what the individual needs and can engage in.</p> <p><b>Risk Management</b> – Reduce risks, antisocial behaviour, likelihood of recall, breaches and reoffending.</p> <p><b>Identity growth</b> – enable the individual to become who they want to be.</p> <p><b>Values development</b> - understanding what is important in life and move towards non-offending and fulfilling lives.</p> <p><b>Enablement</b> - helping the individuals to help themselves.</p>
<b>Number of places</b>	Up to 50 individuals at one time over the various phases of the intervention.
<b>Residential or non-residential</b>	<p>The national IIRMS spec indicates that delivery should encompass five key phases:</p> <ul style="list-style-type: none"> <li>• In-Reach in Custody: for a minimum. of 6 months pre-release, or following recall</li> <li>• Induction Phase in the community</li> <li>• Interventions Phase in the community</li> <li>• Exit Preparation Phase</li> <li>• Post Exit Support</li> <li>• Risk Management</li> </ul>
<b>Approx. length of intervention</b>	0-24mnths
<b>Catchment area</b>	Dorset
<b>Entry Criteria</b>	<p>The individual must be screened into the Dorset Core OPD service (Dorset Pathways Project, DPP). Following screening and other core OPD input the gateway into the STRIVE Team is via the joint working arrangement where suitability is considered using the following guidance criteria:</p> <ul style="list-style-type: none"> <li>• Display risks meaning a higher level of supervision in community is required.</li> <li>• Individuals requesting psychological input.</li> <li>• Mental health problems which include serious disorders of personality and functioning that relate to high level of risk and ability to function in community.</li> <li>• Risks and complex needs that require multi-agency, intensive support and frequent contact.</li> <li>• History of volatile, impulsive, challenging and chaotic behaviours which indicate that the individual case might benefit from focussed work undertaken within a therapeutic milieu with a focus on relationships.</li> <li>• Previous difficulties and risks on release that would benefit from a psychologically informed approach and access to an individualised programme to support reintegration into the community.</li> </ul>

## Norfolk and Suffolk IIRMS

<b>Location</b>	Norfolk & Suffolk
<b>Description of service</b>	Norfolk & Suffolk offer a CORE OPD Service, and an IIRMS (Intensive Intervention and Risk Management Service). Services are available to men and women who screen into the Offender Personality Disorder Pathway. We work with offenders to support their safe and successful reintegration into the community. We offer individually developed plans, focusing interventions where needed; helping to build good relationships, support in managing emotional reactions, and assistance in setting up meaningful activity or occupation.
<b>Number of places</b>	The project will work with up to 30 individuals at one time over the various phases of the intervention.
<b>Residential or non-residential</b>	The project involves engagement work 6 months prior to release from custody, support at Approved Premise, or other hostel, and to those in independent accommodation in the community.
<b>Approx. length of intervention</b>	This will be determined according to need, and the intensity of any involvement will also be adjusted.
<b>Catchment area</b>	For those from and planning to remain in Norfolk and Suffolk. We may consider people from out of area, who plan to relocate and remain in Norfolk and Suffolk long term. Offenders may be required to transfer to a prison within the region for their final 6 months in custody, or to visit a local Approved Premise on ROTLs, as appropriate.
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Screens into the OPD Pathway, and has a formulation completed</li> <li>• Ongoing concerns regarding risk</li> <li>• Outstanding support needs</li> <li>• Willingness to engage</li> </ul>

## Options for Change + IIRMS Nottinghamshire

<b>Address</b>	Nottinghamshire
<b>Description of service</b>	Options for Change+ work with male or female offenders who screen in to the OPD pathway and are assessed as posing a high or very high risk of harm. Interventions are offered on a tiered basis and can include trauma focused therapy, skills and psych-educational groups and enrichment activities. Interventions are offered based on individual need as identified in the in-reach (assessment and formulation) phase.
<b>Number of places</b>	15
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	Based upon individual need but this can be up to 18-24months post release.
<b>Catchment area</b>	Nottinghamshire
<b>Entry Criteria</b>	<p>Referrals are accepted following a case consultation or formulation between the Probation Practitioner and the OPD pathway. Referrals must be made with the individual's consent and agreement.</p> <p>Entry Criteria:</p> <ul style="list-style-type: none"> <li>• Screen in to the OPD pathway</li> <li>• Have problematic personality traits which are functionally linked to their risk or offending</li> <li>• Have committed an offence or at risk of committing a further offence without additional support</li> <li>• Are set to be released in the next 6-12months</li> <li>• Have at least 18 months remaining on their licence once in the community</li> <li>• Unsuitable for other services or interventions available in the community.</li> </ul>

## Derbyshire Options for Change (Core OPD) and Options for Change+ (IIRMS)

<b>Address</b>	Derbyshire
<b>Description of service</b>	<p>This is a community based intensive intervention programme that forms part of the community OPD provision. It is facilitated across the city and county of Derbyshire. It is open to both males and females screened into the OPD pathway.</p> <p>Interventions are offered on a tiered basis and can include psycho-educational and skills orientated groups. There is a strong emphasis on providing a trauma informed approach. Enrichment activities and creative therapies are available.</p> <p>Interventions are offered based on an individuals need as identified in the in-reach (assessment and formulation) phase, which is facilitated over a 6 month period, with an emphasis on therapeutic relationship building. The intensity of support provided will vary between low to high intensity depending on need.</p>
<b>Number of places</b>	15
<b>Residential or non-residential</b>	Non-residential.
<b>Approx. length of intervention</b>	Based upon individual need but this can be up 18 months post release.
<b>Catchment area</b>	Derby City and Derbyshire County.
<b>Entry Criteria</b>	<p>Referrals are accepted following a case consultation between the Probation Practitioner and the OPD pathway team. Referrals must be made with the individual's consent and agreement.</p> <p>Entry Criteria:</p> <p>Males and females who:</p> <ul style="list-style-type: none"> <li>• Are screened in to the OPD pathway</li> <li>• Where there is a clear/ justifiable link between a person's risk and difficult personality traits</li> <li>• They assessed as high or very high risk of harm to others</li> <li>• With at least 6 months remaining in custody for in-reach work to be facilitated</li> <li>• They are motivated to engage</li> <li>• On Licence for at least 18 months to be able to complete work with Options for Change +</li> <li>• Unlikely to receive the right service to meet their needs within mainstream provision</li> </ul>

## PROSPER IIRMS, West Midlands

<b>Location</b>	Birmingham
<b>Description of service</b>	PROSPER is an enhanced Intensive Intervention and Risk Management Service (IIRMS) for high risk men and women who have complex needs and personality difficulties. Following referral, PROSPER will meet with individuals in prison/secure hospital for a period of six months leading up to their (potential) release/discharge in order to build relationships and explore with the individual their motivation, strengths, needs and willingness to opt in to the service. If individuals opt in to PROSPER at the end of the in-reach period, case management will transfer to specialist Probation Officer within the PROSPER team. Once released, interventions can be offered on a high, medium or low intensity, dependent upon need, working across the SCALE ( <b>S</b> tabilisation, <b>C</b> ollaboration, <b>A</b> ctive interventions, <b>L</b> earning & consolidation, <b>E</b> xit planning) model of care. Interventions will be delivered by staff from both health and criminal justice backgrounds on an individual and group basis. PROSPER is a multidisciplinary team represented by psychology, probation, occupational health, substance misuse and psychiatry. Engagement with PROSPER will not be a condition of licence; instead, therapeutic contracts will be used.
<b>Number of places</b>	45
<b>Residential or non-residential</b>	Non-residential
<b>Approx. length of intervention</b>	6 months prior to release, interventions in the community for two years and ongoing support as needed thereafter.
<b>Catchment area</b>	West Midlands (Birmingham & Solihull, Black Country, North & South Staffordshire, Warwickshire, West Mercia & Shropshire)
<b>Entry Criteria</b>	Screened into the OPD pathway, men who are high risk of harm/women who are high risk of reoffending, subject to a minimum of 2 years licence post custody with at least 6 months to serve in custody prior to release.

## RAISE IIRMS, Essex

<b>Location</b>	Essex
<b>Description of service</b>	<p>RAISE works with adult male and female offenders with a diagnosis or traits of PD and pose a medium to high risk of harm.</p> <p>We support individuals with their transition into community living. We also support those who are already in the Community who may be struggling. This is done through offering range of psychosocial interventions.</p> <p>RAISE provides a range of support services depending on individual needs. This includes psychological support to improve MH and psychological wellbeing in group or individual format, improving social and living skills, helping to make and maintain good relationships, encouraging social interaction whilst promoting engagement with a range of productive and recreational activities.</p> <p>RAISE works collaboratively with COM's to support risk management and reduce the likelihood of serious re-offending.</p>
<b>Number of places</b>	The service will work directly with up to 15 individuals at one time
<b>Residential or non-residential</b>	Non-residential, community-based service, Usual hours are - Monday to Friday 9am to 5pm.
<b>Approx. length of intervention</b>	Requires a minimum of 6 months left of sentence. Average interventions are around 12-18 months.
<b>Catchment area</b>	All Essex
<b>Entry criteria</b>	<ul style="list-style-type: none"> <li>• Men &amp; Women who are assessed as medium to high risk of harm with diagnosis or traits of a personality disorder associated with forensic history and/or longstanding emotional and interpersonal difficulties.</li> <li>• Men and women who are screened into the OPD Pathway</li> <li>• Individuals who with complex needs who are likely to require a multi- approach intensive support and frequent contact.</li> <li>• History of challenging behaviours which indicate the individual may benefit from therapeutic focused work</li> <li>• Unlikely to receive the right service to meet their needs in mainstream provision</li> <li>• Willingness to change self-defeating behaviours</li> <li>• Will need to demonstrate a high level on motivation to engage</li> </ul>

## Rebuilding Lives IIRMS – North East England and Cumbria

<b>Address</b>	North East England and Cumbria
<b>Description of service</b>	Rebuilding Lives is an intensive intervention and risk management service for men and women, with personality difficulties who are screened into the Offender Personality Disorder Pathway. We work with people to reduce levels of distress and aggression, to build pro-social life skills, with the aim of reducing risk and re-offending.
<b>Number of Places</b>	70
<b>Residential or Non-residential</b>	Non-residential. Service users can be seen in custody for pre-release work, and then in various locations including Approved Premises, Probation Office, home address or community bases.
<b>Approximate length of intervention</b>	12 - 24 months.
<b>Catchment area</b>	North, West and South Cumbria, Northumberland, Tyne and Wear, Durham and Cleveland.
<b>Entry criteria</b>	<ul style="list-style-type: none"> <li>• Men and women screened into the pathway and meeting relevant ROSH entry level criteria.</li> <li>• Subject to supervision by Probation with preferably 12 months remaining under supervision in the community, and adequate time for pre-release preparatory work (usually 6 months).</li> <li>• Have needs that cannot be met by non-OPD services</li> <li>• Willingness to engage with the service as this is voluntary.</li> <li>• A prioritisation process may be used at times of high demand</li> </ul>
<b>Interventions Offered</b>	<p>Rebuilding Lives has a primary focus on helping people develop skills to maintain meaningful and pro-social lives in the community. We provide practical support and help with transitions from custody including pre-release relationship building and planning, and onward integration using socio-occupational models. Where service users require psychologically informed interventions we offer approaches drawing on:</p> <ul style="list-style-type: none"> <li>• Structured Clinical Management</li> <li>• Cognitive Behavioural Therapy</li> <li>• Cognitive Analytic Therapy</li> <li>• Schema Focused Therapy</li> <li>• Mentalisation Based treatment</li> <li>• Compassion Focused Approaches</li> <li>• Trauma stabilisation</li> </ul>

## Thames Valley Endeavour (IIRMS) – Oxfordshire, Buckinghamshire, Berkshire

<b>Location</b>	Oxfordshire, Buckinghamshire & Berkshire
<b>Description of service</b>	Thames Valley Endeavour is a community intervention and risk management service for men and women who present with high levels of risk and interpersonal complexities and who are screened into the Offender Personality Disorder pathway. We provide psycho-social interventions to assist individuals with their transition into the community.
<b>Number of places</b>	25
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	12-18 months
<b>Catchment area</b>	Oxfordshire, Buckinghamshire, Berkshire
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Men and women 18 years +</li> <li>• Diagnosed or suspected PD (as determined by OPD screening process),</li> <li>• High risk status on OASys for males, females of any risk status</li> <li>• Supervised by the Probation Service on licence, community order or PSS with at least 6 months remaining with Probation LDU in Thames Valley;</li> <li>• Period of joint working and case consultation has identified a need for more intensive support</li> <li>• Willing to work with us (opt in not compulsory)</li> </ul>



## Chiron IIRMS, Kent

<b>Location</b>	Kent
<b>Description of service</b>	Kent Chiron Community is an intensive intervention and risk management service (IIRMS) for people who have been screened into the offenders with personality disorder pathway. We work with members to support their safe and successful reintegration into the community. Chiron is based on a relational approach and we will work with offenders for six months pre-release to develop the relationship with the offender and collaborate in formulating an individualised support plan based on a psychosocial understanding of their functioning and needs. Chiron membership is entirely voluntary. The team is multidisciplinary, including occupational therapy, probation support officers and psychologists.
<b>Number of places</b>	35 max capacity. 1/3 pre-release, 1/3 active community, 1/3 transitioning out of the service.
<b>Residential or non-residential</b>	Non residential
<b>Approx. length of intervention</b>	6-9 months pre-release, active intervention for up to 2 years, ongoing support and intervention as needed thereafter
<b>Catchment area</b>	Kent
<b>Entry criteria</b>	<ul style="list-style-type: none"> <li>• Managed by the Probation Service and presenting a high or very high risk of serious harm</li> <li>• Screened into the OPD pathway</li> <li>• Subject to statutory supervision with a minimum of 6 months pre-release, and 2 years remaining on licence in the community</li> <li>• Require intensive support and a multi-agency approach to manage their risk and complex needs</li> <li>• Some motivation to progress and successfully reintegrate into the community</li> </ul>

## Hampshire IIRMS – Part of Hampshire and Isle of Wight Multi Agency Personality Service (H-MAPS): An Integrated OPD Pathway, IIRMS and Pathfinder Service

<b>Location</b>	Hampshire & Isle of Wight
<b>Description of service</b>	<p>The Hampshire &amp; Isle of Wight Multi-Agency Personality Service (H-MAPS) provides a psychologically informed multi-agency consultation and support service for people with personality difficulties, who pose both a high risk of sexual and/or violent offending and serious harm to others. The service aims to:</p> <ul style="list-style-type: none"> <li>• Reduce repeat serious sexual and/or violent offending;</li> <li>• Enhance pro-social skills, well-being, and mental health in individuals;</li> <li>• Improve competence and confidence of the staff working with high risk people with personality difficulties;</li> <li>• Aim to reduce length of stay in secure psychiatric hospital and prevent admissions for individuals with personality difficulties where possible.</li> </ul> <p>H-MAPS is an integrated service, which combines three work streams: the Offender Personality Disorder (OPD) Pathway Service; Pathfinder Service; and an Intensive Intervention and Risk Management Service (IIRMS).</p>
<b>Number of places</b>	Up to 25 individuals at one time over the various phases of IIRMS intervention
<b>Residential or non-residential</b>	Non-residential, community-based service - Monday to Friday 9am to 5pm.
<b>Approx. length of intervention</b>	6-24 months
<b>Catchment area</b>	Hampshire & Isle of Wight
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• The individual must be screened into the OPD Pathway. Following a consultation with the offender manager (OM) and completion of a psychological formulation, suitability for IIRMS is assessed through joint casework with the individual and the OM, where the following should be demonstrated:</li> <li>• Motivation to engage with IIRMS intervention to address their personality difficulties and offending behaviour.</li> <li>• Clear features of a personality disorder associated with risk and longstanding emotional and interpersonal difficulties.</li> <li>• Complex needs and previous difficulties on release that would benefit from a psychologically informed approach and tailored intervention plan.</li> <li>• Absence of active major mental illness, learning difficulties (IQ &lt;70) or substance dependence disorders.</li> </ul>

# Part C: Services in Secure Hospital



## Rampton National High Secure Healthcare Service for Women

<b>Location</b>	Nottinghamshire
<b>Description of service</b>	In-patient mental health service for patients detainable under the Mental Health Act and who present a grave and immediate risk to others and cannot be appropriately managed in conditions of lesser security
<b>Number of places</b>	50 beds consisting of 26 beds for PD, 12 for Mental Illness, 6 for LD and a 6 bed Intensive Care Unit
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Treatment needs vary considerably but on average they involve a number of years before the patient is able to progress on to the next stage of her pathway
<b>Catchment area</b>	England and Wales Scotland and Northern Ireland subject to Commissioner approval
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• The person needs to be detainable under the Mental Health Act by virtue of having a mental disorder of a nature and/or degree that justifies detention in hospital</li> <li>• Appropriate treatment needs to be available</li> <li>• The person must present a grave and immediate risk to others that could not be safely managed in a Medium Secure Hospital</li> </ul>

## Arnold Lodge Women’s Medium Secure Unit Service

<b>Location</b>	Leicester
<b>Description of service</b>	Provides treatment for those women whose needs for relational and procedural security cannot be managed in a standard medium secure setting. The service provides a psychologically informed and planned environment that facilitates treatment in a number of modalities. It is underpinned by a holistic, woman-centred approach that engenders individualised treatment packages. In addition to the usual problem specific treatment programmes to address coping strategies and criminogenic need, Arnold Lodge also offers somatosensory interventions and a range of occupational, educational and recreational opportunities. These take place in the unit and possibly in the community, depending on the stage of the woman’s care pathway. The aim of the treatment programme is for women to be able to move on to conditions of low security, rather than the service forming an additional tier of security that women have to travel through.
<b>Number of places</b>	Currently 10, but increasing to 12 in 2015
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Minimum 3 years. Maximum currently 7 years
<b>Catchment area</b>	East and West Midlands; East Anglia; Northamptonshire; Essex; Yorkshire and Humber; Tees and Wear
<b>Entry Criteria</b>	<ul style="list-style-type: none"> <li>• Primary diagnosis of personality disorder, all co-morbidity considered</li> <li>• No particular sentence length or offence type</li> <li>• Admission dependent upon level of risk, treatment readiness and functional</li> </ul>

	ability to benefit from the treatment programmes offered
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## Greater Manchester Mental Health Services for Women

<b>Location</b>	Greater Manchester
<b>Description of service</b>	Greater Manchester Mental Health (GMMH) provides forensic mental health services for women at three levels of residential care – enhanced medium security, medium security, and low security – in six different settings (including two in the community) and forensic community follow-up. Our enhanced medium secure facility is Hayeswater Ward, which provides for women who have a significant need for relational and procedural security in order to promote their lasting recovery, needs that cannot be met to such a high and sustained level in our other areas of service provision. A variety of integrated treatment approaches are used with the participants, all of whom have severe and complex mental health problems, with the emphasis in psychological interventions on dialectical behaviour therapy and mentalisation based therapy. A strong occupational therapy service reinforces personal strengths and skills complementing the achievement of individual milestones to recovery. Our therapeutically enhanced medium secure service for women is part of a pathway of care through GMMH, which takes women right through to supported accommodation in the community and independent living.
<b>Number of places</b>	We have 46 beds for women in GMMH across all six service areas. We have six beds in our therapeutically enhanced medium secure service.
<b>Residential or non-residential</b>	Residential
<b>Approx. length of intervention</b>	Women engage with services in GMMH for varying lengths of time, depending entirely on the needs of the women. Length of stay is monitored. Treatment from admission to discharge to supported accommodation lasts on average between two and five years.
<b>Catchment area</b>	Greater Manchester, Lancashire, and Merseyside
<b>Entry Criteria</b>	<p>Entry criteria for our enhanced medium secure service are:</p> <ul style="list-style-type: none"> <li>• The woman is liable to detention under the Mental Health Act (i.e. they have a mental disorder that is of a nature and/or degree that justifies their detention in a hospital)</li> <li>• She has a complex comorbid presentation significantly influenced by personality disturbance</li> <li>• There is evidence of behaviour that is harmful to others as well as self, which has resulted in actual or pending Court proceedings</li> <li>• There is evidence of challenging behaviour that cannot be managed in the ‘normal business’ sections of our medium secure service</li> <li>• She is regarded as a high risk of further acts of harmful behaviour</li> <li>• Willing to engage with the service at some level and is likely to require additional work to develop her skills and motivation to do so effectively.</li> </ul>

## The Orchard Women's Medium Secure Unit Service

<b>Location</b>	London
<b>Description of service</b>	The Orchard is comprised of two, 10-bedded wards for women with complex presentations who pose a high risk to themselves and/or others. The unit is located in Ealing, West London. Melrose Ward treats women with a primary diagnosis of personality disorder while Parkland treats those with a primary diagnosis of mental illness. Patients across both wards usually have a complex interplay of both diagnoses as well as a history of drug or alcohol misuse.
<b>Number of places</b>	20
<b>Residential or non-residential</b>	Residential – all inpatients are detained under the Mental Health Act
<b>Approx. length of intervention</b>	24 months
<b>Catchment area</b>	Nationwide. Referrals come from prison, high security, medium and low secure services and all referrals have to be with the support of the local gatekeepers in medium security and need the support of the commissioners.
<b>Entry Criteria</b>	<p>We welcome referrals to our service. Referral and care pathway meetings are held fortnightly and we aim to assess patients within two weeks from allocation of referral. Referrals are accepted for women over the age of 18 who meet the following criteria:</p> <ul style="list-style-type: none"> <li>• Primary diagnosis of personality disorder or mental illness</li> <li>• Detained under the Mental Health Act</li> <li>• Complex presentations/ needs</li> <li>• Ongoing challenging behaviour that cannot be contained in medium security</li> <li>• High risk of serious harm to others and/or self</li> <li>• Potential for engagement</li> <li>• Potential for benefiting from the clinical milieu and enhanced relational security.</li> </ul> <p>We do not accept women who meet the criteria for high security or could be safely managed in conditions of lower security; those with a primary diagnosis of substance misuse or who are currently de-toxing; or women with a primary diagnosis of learning disability or autism spectrum disorders.</p>